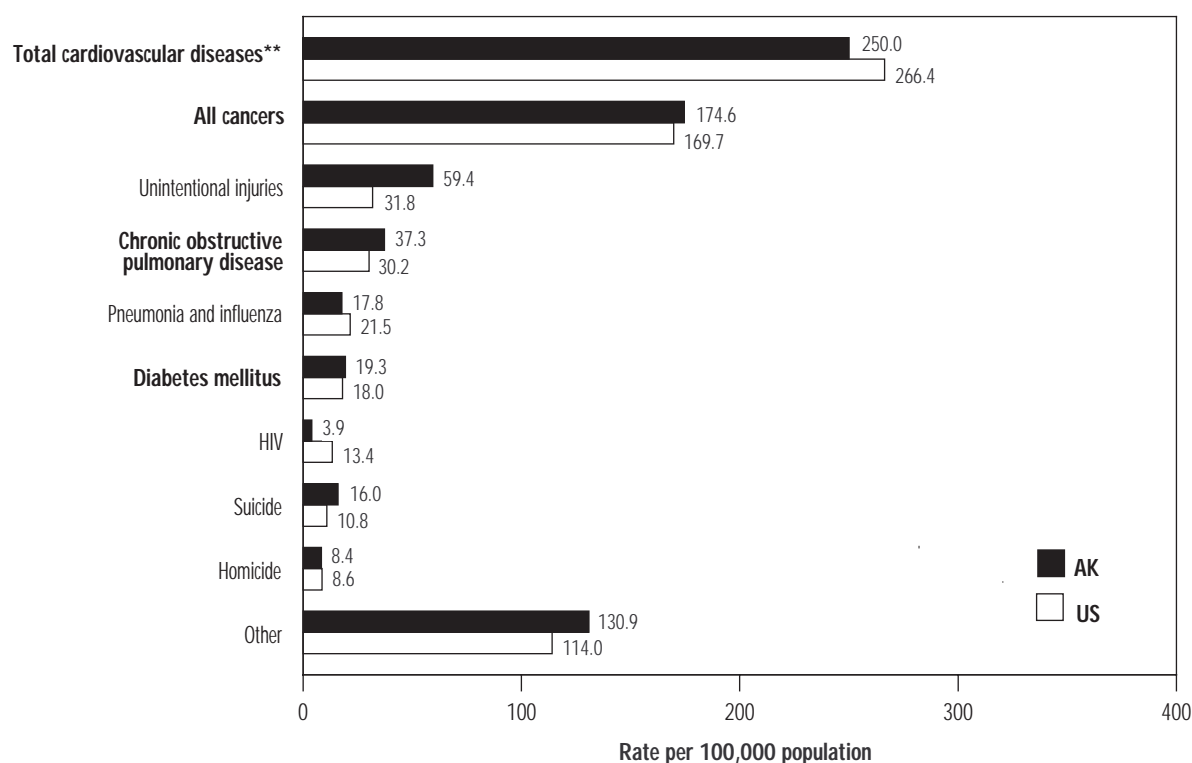


Alaska: Most Common Causes of Death

- Total cardiovascular diseases (principally ischemic heart disease and stroke) are the most common cause of death in Alaska, all cancers are the second most common cause, chronic obstructive pulmonary disease is fourth, and diabetes is fifth.
- In 1995, 58% of all deaths in Alaska were due to the four most common chronic disease causes of death.
- The death rates for all cancers, chronic obstructive pulmonary disease, and diabetes were higher in Alaska than in the United States; the death rate for total cardiovascular diseases was lower.

Causes of Death, Alaska Compared With United States, 1995*



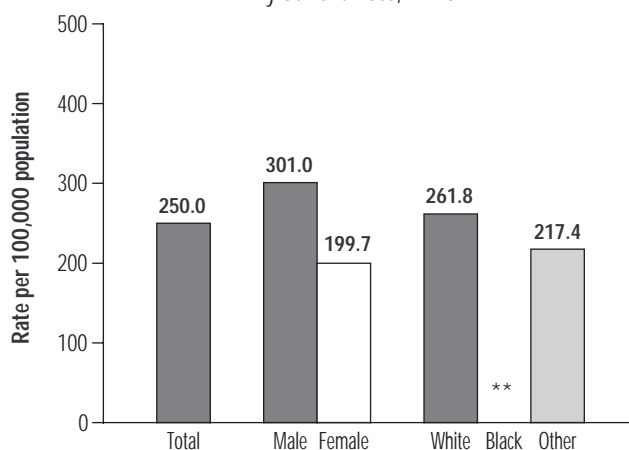
*All data are age adjusted, 1970 total U.S. population.

**Total cardiovascular disease death rates include rates of death due to ischemic heart disease (115.3 per 100,000 in Alaska and 135.2 per 100,000 in the United States) and rates of death due to stroke (51.0 per 100,000 in Alaska and 42.5 per 100,000 in the United States).

Alaska: Cardiovascular Diseases

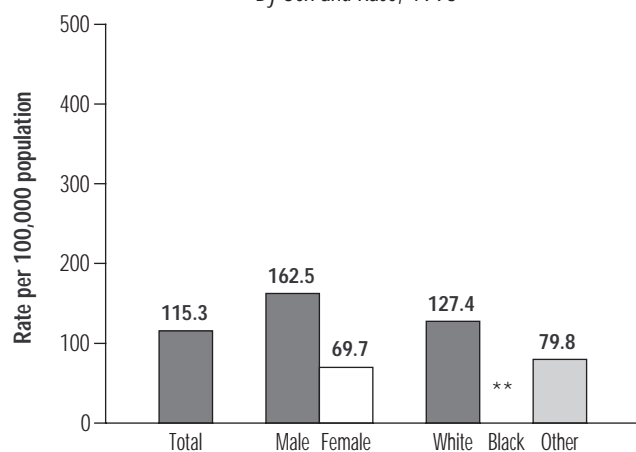
- Total cardiovascular diseases are the most common cause of death in Alaska, accounting for 35% of all deaths.
- Ischemic heart disease accounted for 46% of all cardiovascular disease deaths in Alaska in 1995; 352 people in Alaska died of ischemic heart disease.
- In 1995, 145 people in Alaska died of stroke.

Alaska: Total Cardiovascular Disease Death Rates
By Sex and Race, 1995



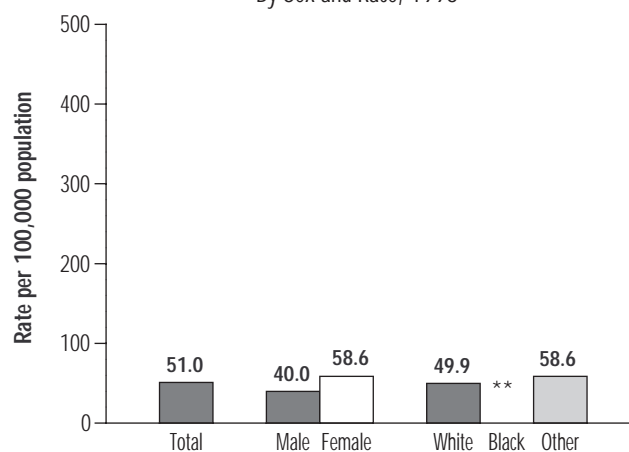
**Too few numbers to analyze.

Alaska: Ischemic Heart Disease Death Rates
By Sex and Race, 1995



**Too few numbers to analyze.

Alaska: Stroke Death Rates
By Sex and Race, 1995



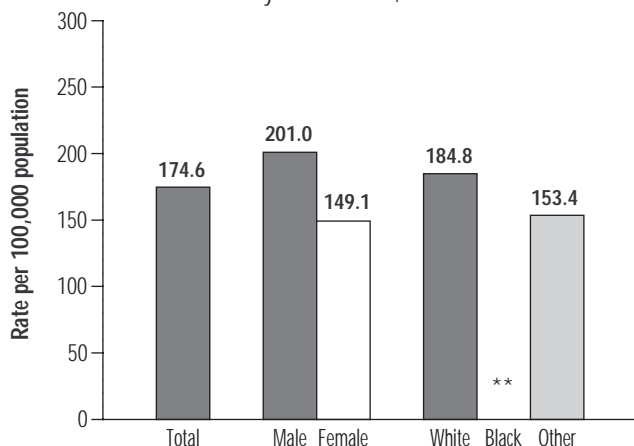
**Too few numbers to analyze.

Note: All data are age adjusted, 1970 total U.S. population.

Alaska: Cancer

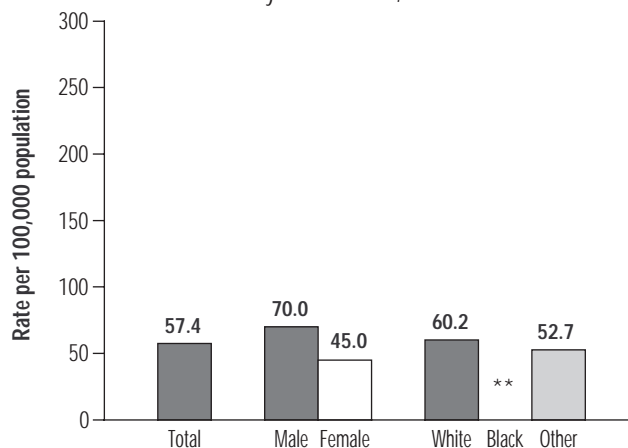
- Cancer accounted for 24% of all deaths in Alaska in 1995; 574 people in Alaska died of cancer.
- In Alaska in 1995, 175 people died of lung cancer, 54 people died of colorectal cancer, and 46 women died of breast cancer.
- The American Cancer Society estimates that 210 new cases of lung cancer, 130 new cases of colorectal cancer, and 230 new cases of breast cancer will be diagnosed in Alaska in 1997.

Alaska: All Cancer Death Rates
By Sex and Race, 1995



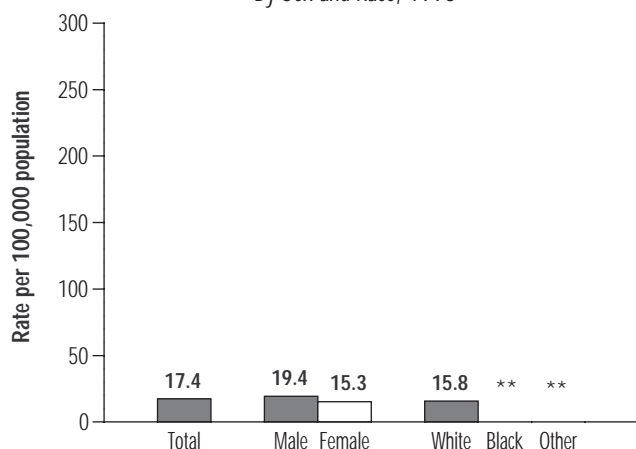
**Too few numbers to analyze.

Alaska: Lung Cancer Death Rates
By Sex and Race, 1995



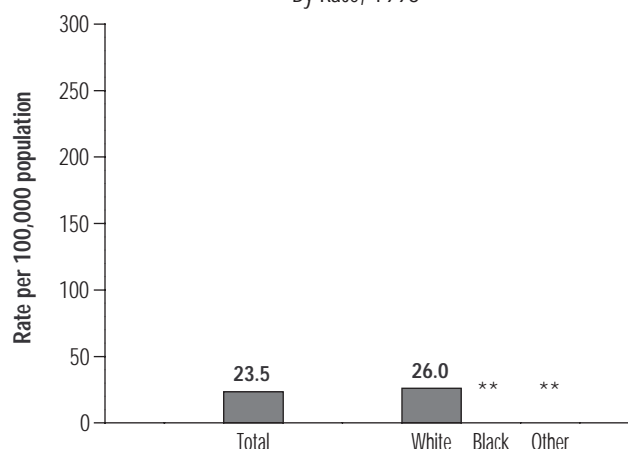
**Too few numbers to analyze.

Alaska: Colorectal Cancer Death Rates
By Sex and Race, 1995



**Too few numbers to analyze.

Alaska: Breast Cancer Death Rates Among Women
By Race, 1995

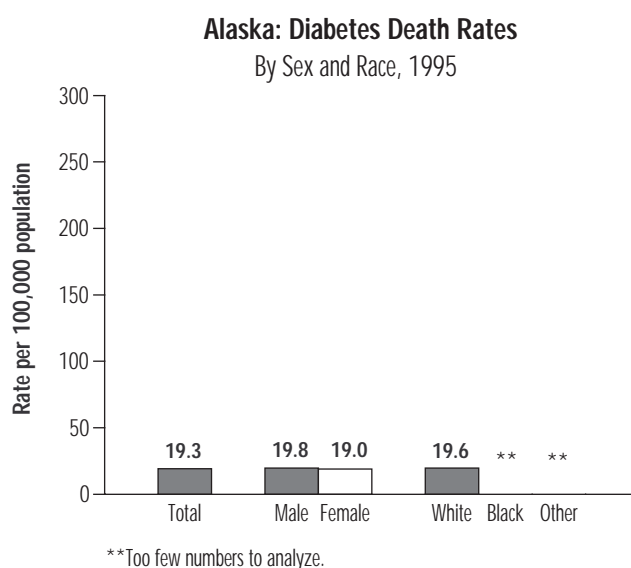


**Too few numbers to analyze.

Note: All data are age adjusted, 1970 total U.S. population.

Alaska: Diabetes

- In 1994, 12,366 adults in Alaska had diagnosed diabetes.
- Diabetes was the underlying cause of 56 deaths in Alaska in 1995.
- In 1993, diabetes was the most common contributing cause of 17 new cases of end-stage kidney disease in Alaska.
- Diabetes is believed to be underreported on death certificates, both as a condition and as a cause of death.

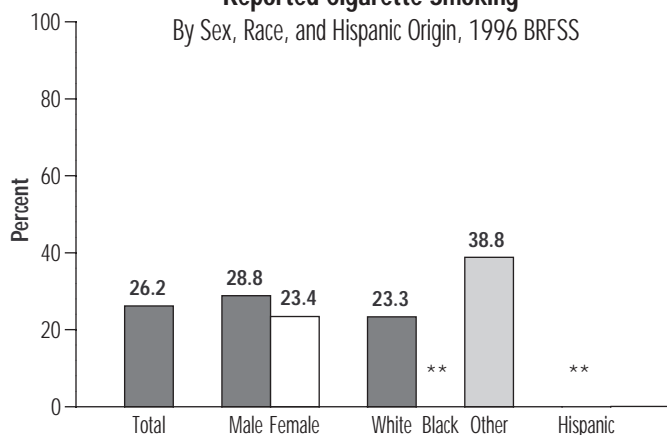


Note: All data are age adjusted, 1970 total U.S. population.

Alaska: Risk Factors

Alaska: Percentage of Adults Who Reported Cigarette Smoking*

By Sex, Race, and Hispanic Origin, 1996 BRFSS

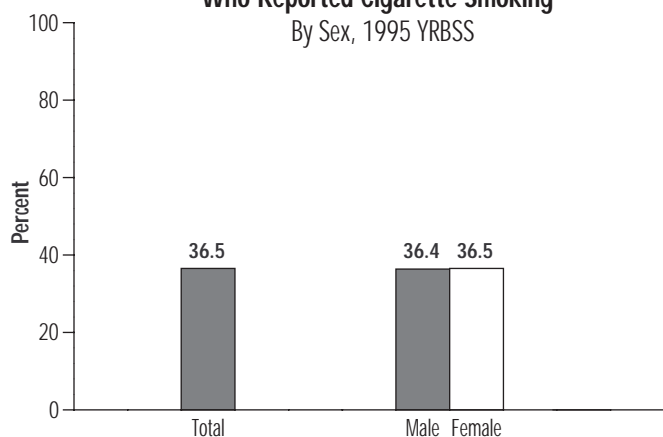


*Ever smoked at least 100 cigarettes and now smoke every day or some days.

**Too few numbers to analyze.

Alaska: Percentage of High School Students Who Reported Cigarette Smoking*

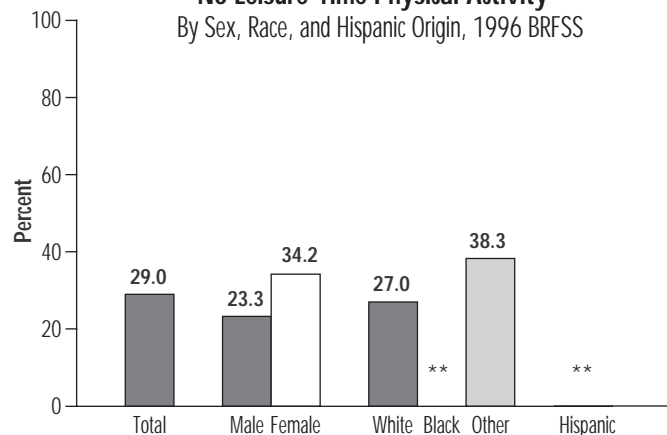
By Sex, 1995 YRBSS



*Smoked cigarettes on 1 or more of the 30 days preceding the survey.

Alaska: Percentage of Adults Who Reported No Leisure-Time Physical Activity*

By Sex, Race, and Hispanic Origin, 1996 BRFSS

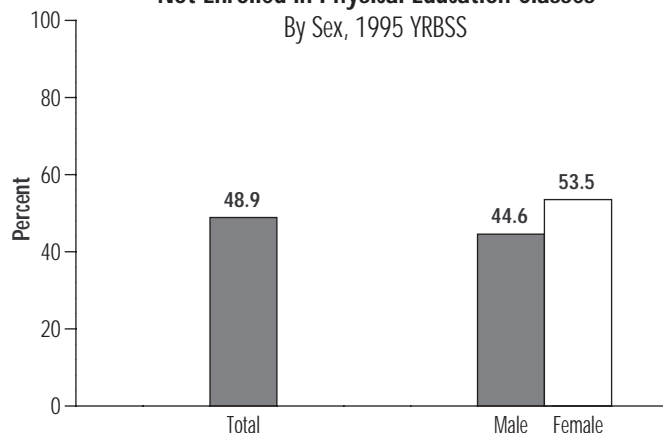


*No exercise, recreation, or physical activity (other than regular job duties) during the previous month.

**Too few numbers to analyze.

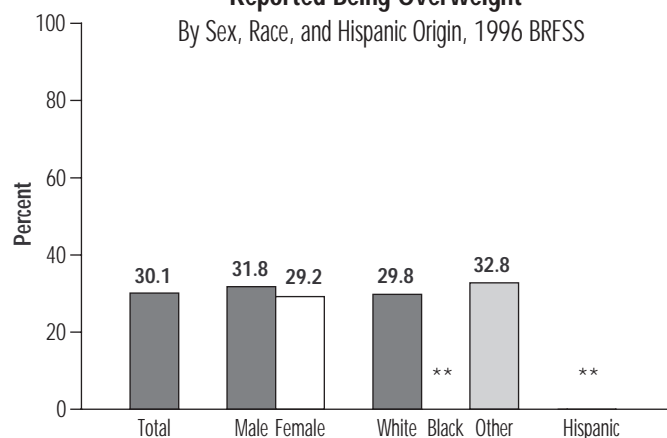
Alaska: Percentage of High School Students Not Enrolled in Physical Education Classes

By Sex, 1995 YRBSS



Alaska: Percentage of Adults Who Reported Being Overweight*

By Sex, Race, and Hispanic Origin, 1996 BRFSS

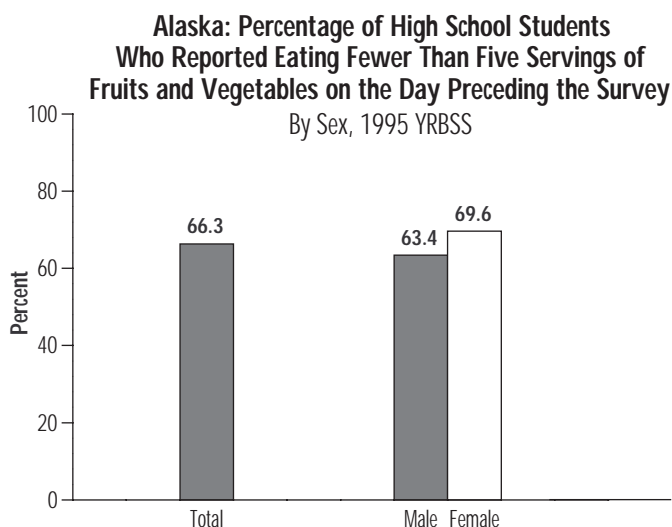
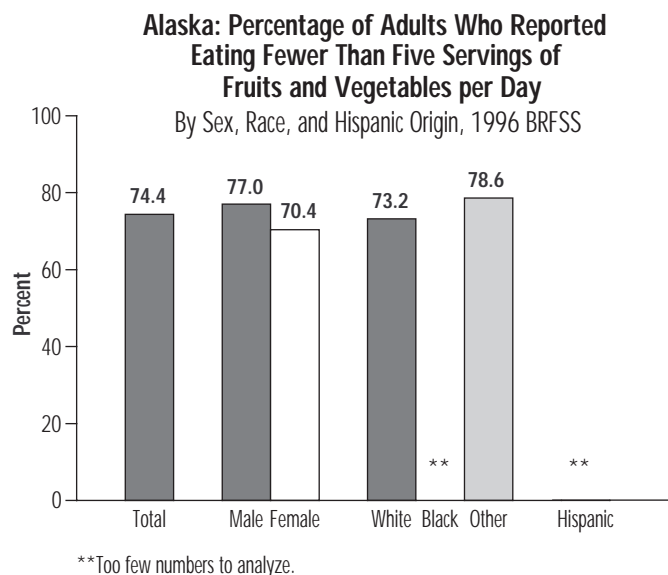


*Body mass index ≥ 27.8 kg/m² for men and ≥ 27.3 kg/m² for women.

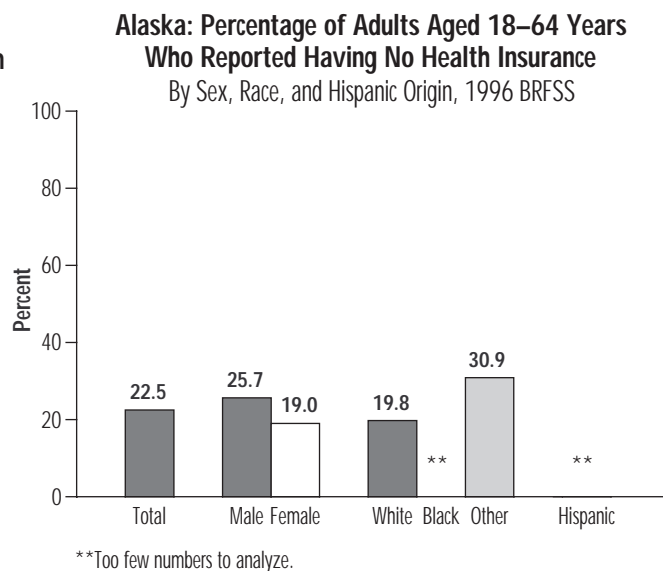
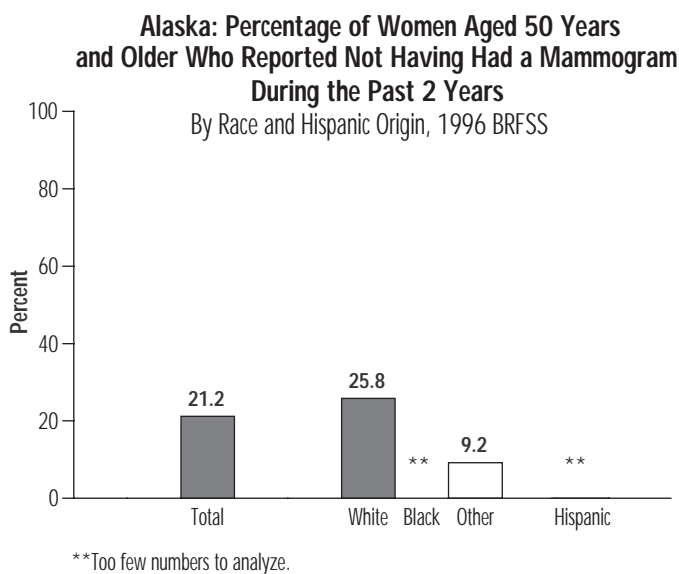
**Too few numbers to analyze.

Note: All BRFSS data are provisional and age adjusted, 1970 total U.S. population.

Alaska: Risk Factors



Alaska: Preventive Services



Note: All BRFSS data are provisional and age adjusted, 1970 total U.S. population.